

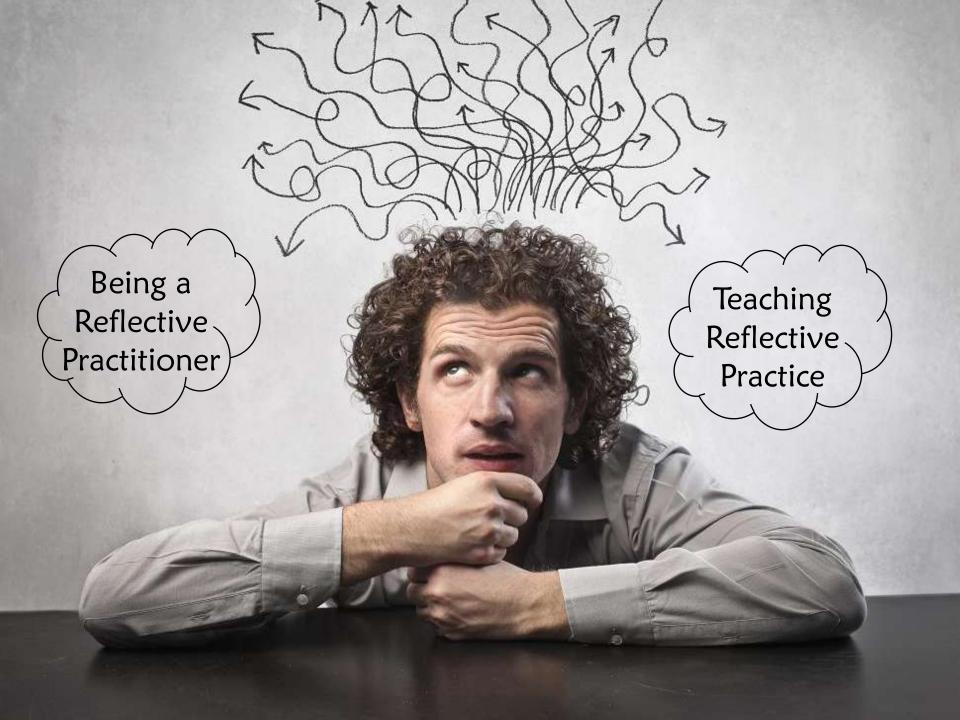


Session 4: Reflective Practice in Teaching and Learning

Professor Amanda Kennedy University of New England

Kathmandu, Nepal 23-26 November 2018





Learning Outcomes

Session Topic:

- Understand the need and rationale for reflective practice in teaching
- Understand the benefits of teaching reflective practice to your students

Teaching Methodology:

- Develop skills of reflection to interrogate your own teaching practice
- Understand how you can incorporate reflective learning activities in your courses for the benefit of students



What do we mean by reflection?

- Turning our experience into learning
 - '...those intellectual and affective activities in which individuals engage to explore their experiences in order to lead to new understandings and appreciations' (Boud, D., Keogh, R. & Walker, D. (eds.) Reflection: Turning Experience into Learning, New York: Nichols, 18-40, 1985)
- Can be informal or structured
- Can be focused on a range of experiences and activities



Models of Reflection

Reflection in anticipation

What do we bring to the experience? What are our expectations or goals? What are our assumptions?

Reflection in the midst of action

What have we noticed about an activity as it is unfolding? What decisions are being made? What assumptions underpin these?



Reflection after events

How did the activity play out? What were our feelings or emotions? What decisions were made and why?

Adapted from Schön, D. A., 'The Reflective Practitioner: How Professionals Think in Action'. New York: Basic Books, 1983.

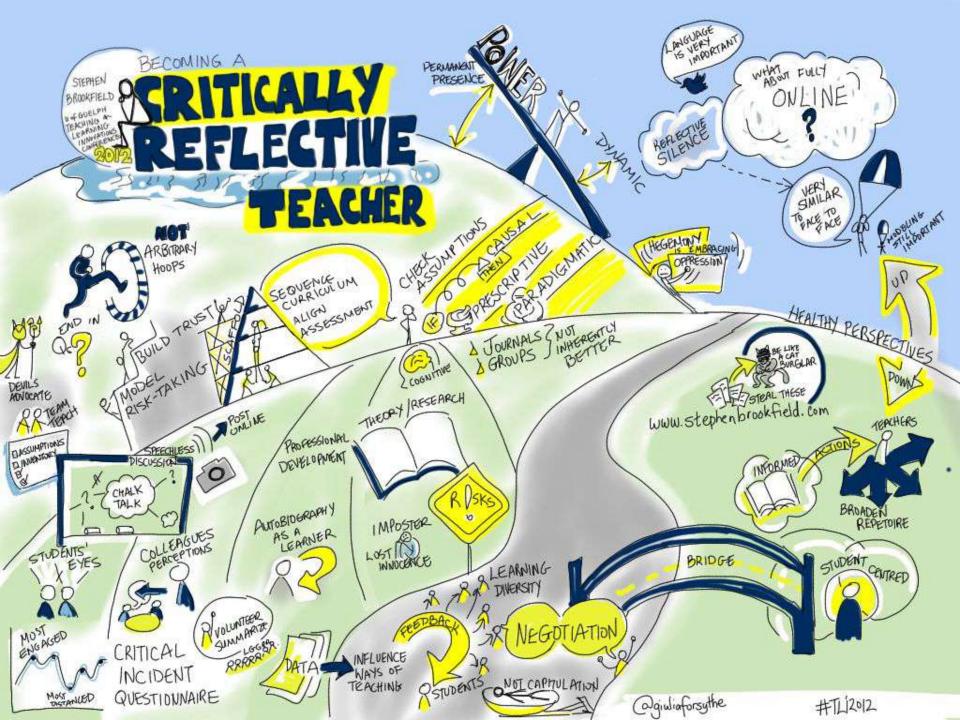




Reflective Teaching Practice

- Collecting information about our teaching, analyzing and evaluating it
 - You may already do this without realizing!
- Various methods of gathering data
 - Peer observation / review of teaching
 - Recording and playback of class teaching
 - Student evaluation and feedback





Teaching Reflective Practice

- Many benefits...
 - Consolidate learning, including identifying gaps
 - Develops problem-solving skills
 - Encourages deeper learning
 - Assist in preparation for the profession by developing critical self-evaluation
- ...but reflective skills can be difficult for students to master
 - Need to embed opportunities throughout the curriculum



Teaching Reflective Practice

Two key factors:

- 'an event or situation beyond the individual's typical experience' in order to stimulate a reflection; and
- 'the individual's readiness and willingness to engage in reflective process'

Rogers, R.R. 2001. Reflection in higher education: a concept analysis. *Innovative Higher Education*, 26:1, 37-57.



Teaching Reflective Practice

- Students must have:
 - Clarity of expectations
 - Structure
 - Guidance, coaching and exemplars
 - Feedback

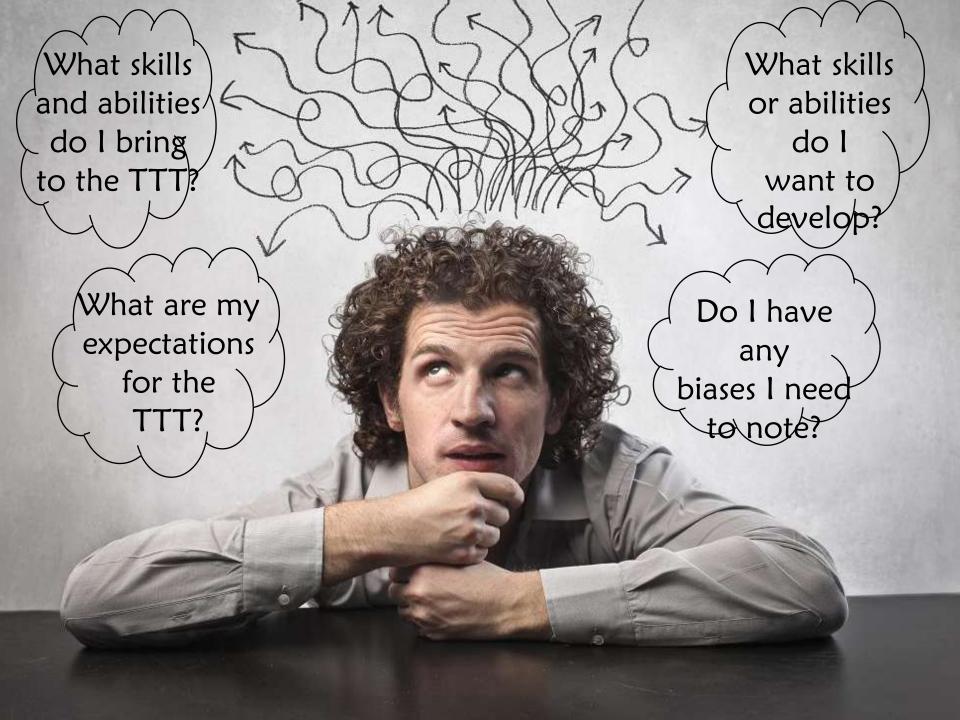
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Assessing Reflective Practice

- Assessing reflective practice can increase student willingness to engage in reflective activities
- There is no consensus on how assessment should be conducted
 - Criterion-based assessment framework is necessary
- The most common form of assessing reflection is the reflective journal
 - You have been given a reflective journal to record your observations for the TTT Course – not assessable!!





YOUR TIME

